



Quality of Life Assessment

Date the first empty column. For each category, fill in the appropriate number that best describes your pet's current state. You can assign 1/2 points if you think they fall in between an assessment scale. Fill in the number for each category and then total the points at the bottom. Keep in mind that this is only a guide and you can adjust to your pet's condition or situation. You might add a category (blank row at the bottom), add symptoms, or even change the quality of life scale range. Your pet will also have good and bad days so you should assess both, and repeat as often as needed. We recommend every 2-4 weeks early on in the disease, and increase to 1-2x weekly as your pet's condition worsens.

	GOOD	OK	BAD	DATE	DATE	DATE	DATE
	0 points	1 point	2 points				
EATING	eats normal food, normal pace, finishes meals	needs to be enticed, slow pace, eats less	no appetite				
DRINKING	normal water intake	decreased or increased water intake	no water intake, requires fluid therapy				
BATHROOM	normal urination and bowel movements	changes in amount or appearance of urination and/or bowel movement, house soiling	unable to urinate or defecate, or incontinent (complete loss of control)				
MOVEMENT	gets around comfortably, enjoys walks	slow to rise, slips, short walks, difficulty with stairs or jumping on/off things	non-ambulatory, needs help to rise or walk, circles, leans, falls over				
ENERGY LEVEL	good energy, engaging, playful, happy	interacts some with family and other pets, sleeps more	dull, depressed, confused, aloof, hides				
BREATHING	breathes normally	pants, slow deep breaths in, occasional cough/hack/wheeze, exercise intolerance	open mouth breathing, frequent cough/hack/wheeze				
PAIN	ears up, wags tail, moves around normally	paces, limps, sits in hunched position	pants, shakes, vocalizes, may bite if touched				
MEDICATION	0-1 prescription medications	2-3 prescription medications	requires multiple daily medications to live				
			TOTAL				

QUALITY OF LIFE SCALE

0 - 5	good quality of life
6-10	declining quality of life - consult with your veterinarian for intervention
11 - 16	poor quality of life - consider humane euthanasia